Coldrex-E
Syrup

COMPOSITION:

Each 5ml of Coldrex-E contains:

Aminophylline.....32mg
Diphenhydramine.....8mg
Ammonium Chloride.....30mg
Menthol.....0.98mg

ABOUT DIPHENHYDRAMINE / AMMONIUM CHLORIDE / MENTHOL AND HOW IT WORKS

This medicine helps relieve irritating coughs and associated congestion.

This medicine contains three ingredients which work together to relieve troublesome coughs and congestion. Diphenhydramine is an antihistamine and suppresses the urge to cough and also dries secretions in the nose and chest. It causes drowsiness which is helpful if the cough disturbs sleep. Ammonium chloride helps loosen up phlegm making it easier to cough it up. Menthol is a decongestant which helps unblock the nose and makes breathing easier. It also has a cooling effect in the mouth.

This medicine is available as a liquid which is taken by mouth.

Consult your doctor if your symptoms do not improve, or if they get worse during treatment with this medicine.

BEFORE USING DIPHENHYDRAMINE / AMMONIUM CHLORIDE / MENTHOL

This medicine may not be suitable for everyone and some people must never have it. Check the leaflet that comes with your medicine to make sure that the medicine is suitable before having it.

Always get advice from a healthcare professional before taking this medicine if:

- You are allergic or sensitive to or have had a reaction to any of the ingredients in the medicine
- This medicine is for a child under 12 years of age
- You have closed-angle glaucoma
- You have liver problems
- You have a persistent cough for a long time
- You have asthma
- You have a productive cough
- You have an enlarged prostate gland
- You have urinary retention

MEDICINES INTERACTIONS

If you are taking more than one medicine they may interact with each other. Before taking this medicine consult your doctor or pharmacist if you are taking or have recently taken any other medicines including vitamins supplements and herbal or complementary preparations.

The following medicines may interact with this medicine:

- Monoamine oxidase inhibitors - do not take this medicine if you are currently taking monoamine oxidase inhibitors or have taken them within the last 14 days
- Other cough and cold preparations
- Central nervous system depressants such as barbiturates, hypnotics, opioids, anxiolytic sedatives and antipsychotics
- Antimuscarinics such as atropine or some antidepressants
- Ephedrine
- Medicines that undergo oxidative metabolism
- Antibiotics

POSSIBLE SIDE EFFECTS OF DIPHENHYDRAMINE / AMMONIUM CHLORIDE / MENTHOL

Most medicines can cause some side-effects but not everyone having the same medicine will get the same side-effects.

The following side-effects have been associated with people taking this medicine:

- Central nervous system effects such as drowsiness, stimulation, headache or psychomotor impairment
- Anti-muscarinic effects such as urinary retention, dry mouth, blurred vision, gastro-intestinal disturbances or thickening of secretions
- Low blood pressure
- Extra-pyramidal effects
- Dizziness
- Confusion
- Depression
- Sleep disturbances
- Tremor
- Convulsions
- Palpitations
- Irregular heart rate
- Hypersensitivity reactions
- Blood problems
- Liver problems
- May affect the results of some tests

PREGNANCY AND BREAST-FEEDING

Do not take this medicine if you are trying to become pregnant, are pregnant or are breast-feeding.

OTHER IMPORTANT INFORMATION

Make sure that you read the leaflet that comes with your medicine to check what dose you should take and if there is anything that you need to do if you take more than the recommended dose. If you are in any doubt about whether this medicine is suitable for you, speak to your doctor or pharmacist.

This medicine can cause drowsiness and may affect your ability to drive or operate machinery. If this medicine affects you, you should not drive or operate machinery.

This medicine may interact with alcohol. It is best to avoid alcoholic drinks while you are taking this medicine.

Keep all medicines out of the sight and reach of children.

AVAILABILITY:

Coldrex-E is available in amber plastic bottle in 120ml. each 5ml of Coldrex-E contains Aminophylline 32mg, Diphenhydramine 8mg, Ammonium Chloride 30mg, Menthol 0.98mg

DOSAGE:

Adults: 5-10 ml (1-2 teaspoons) every 2-4 hours.

Children: 2 – 6 years: up to 2.5ml (1/4-1/2 teaspoons) every 2-4 hours

7 – 12 years: 2.5ml to 5ml (1/2 to 1 teaspoons) every 2-4 hours or as directed by physician. If required any additional dose may be taken after the first two hours.

For children under 2 years of age consult your physician.

STORAGE

Keep your medicine in a cool dry place where the temperature stays below 30°C.

STANDPHARM

Manufactured by:
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