

## Alternative Medicine - Herbal

متبادل دوا: ہربل

# Stanberi



**Sachet**

With **Vitamin-C**

### Composition:

Each sachet contains:  
Cranberry extract.....200mg  
Vitamin C (USP).....20mg

### What is Urinary Tract Infection (UTI)?

UTI is typically characterized by the sudden onset of frequent, painful and urgent urination. Lower abdominal pain or lower back pain may also be present. The urine is often cloudy and foul smelling. The most common bacteria to cause UTI is E.coli.

### What are the symptoms of UTI?

The most common symptoms of UTI are:

- Pain or painful urination
- Frequent need to urinate
- Burning sensation while urinating
- Bladder spasm
- Lower back pain
- Fever

### How is UTI diagnosed?

In a patient with typical symptoms, UTI is diagnosed by examination of a mid-stream urine sample.

### How may Stanberi help avoid UTIs?

Research indicates that Stanberi contains PACs (Proanthocyanidins), natural plant defense system against microbes. Unique anti-adhesion activity of PACs may help the body to stop developing harmful bacteria that cause urinary tract infections.

### What are the major advantages of taking Stanberi during UTIs?

Stanberi may help in:

- Improving overall urinary tract health
- Subsiding urinary symptoms related to UTIs
- Fighting off acute UTIs
- Minimizing the chances of UTI recurrence
- Reducing urinary odour in people with bladder control problems
- Relieving the pain and the burning sensation associated with cystitis

### Can men take Stanberi?

Yes, Stanberi may equally help provide relief from UTI symptoms in both men and women.

### How should I take Stanberi?

Mix entire contents of sachet in a glass of water approximately 225 ml and drink immediately.

### What are contraindications of Stanberi?

Patients taking Warfarin are advised not to take Stanberi.



# سٹین بیری

ساتھے

وٹامن سی

### Are there any side effects?

No major side effects have been reported from the use of cranberry or Stanberi.

### What else can be done to prevent UTI?

In addition to taking Stanberi, you should drink plenty of fluids. After urination always wipe yourself from front to back to avoid spreading bacteria. Clean cotton underwear is recommended and avoid the use of diaphragms and spermicides.

### When should you consult your doctor?

You should see your healthcare professional if you have frequent UTIs, blood in your urine, fever, vomiting, flank pain or UTI symptoms continue after treatment.

### Usual Dosage:

Adults: 1 to 2 sachets / day or as advised by the physician.  
Children: 1/2 to 1 sachet / day or as advised by the physician.  
Mix entire contents of sachet in a glass of water approximately 225 ml & drink.

### Instructions:

Store below 30°C. Protect from heat, light and moisture. Keep out of the reach of children. To be used under the supervision of a healthcare professional.

### Presentation:

Stanberi is available in pack of 10 sachets.

عمومی خوراک:

بڑوں کے لیے:

1 سے 2 ساتھے روزانہ یا معالج کی ہدایت کے مطابق استعمال کریں۔

بچوں کے لیے:

1/2 سے 1 ساتھے روزانہ یا معالج کی ہدایت کے مطابق استعمال کریں۔

ایک ساتھے 1 گلاس پانی تقریباً 225 ملی لیٹر میں حل کر کے پیئیں۔

ہدایات:

30 ڈگری سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔ گرمی، روشنی اور نمی سے

محفوظ رکھیں۔ تمام دوائیں بچوں کی پہنچ سے دور رکھیں۔ معالج کی زیر نگرانی

استعمال کریں۔

Mfg. Enl. No.: 00547

Prod. Enl. No.: 00547.0010

Prod. Specs.: SP

Manufactured by:

**Greens Natural Care**  
22 Km off Ferozepur Road Lahore, Pakistan.



Marketed by:  
**STANDPHARM**  
PAKISTAN (PVT) LTD  
20 Km Ferozepur Road Lahore, Pakistan.